

THE PURPOSE OF COACHING



HOW WE DO THIS

Our Coaching groups have approximately ten students (coachees) and one member of staff (coach). The groups are 'vertical' meaning they consist of coachees from Year 7 to Year 11.

MONDAY • CHECK-IN

When students arrive on a Monday morning, their first period is spent with their Coaching group. This is called a 'check-in' session. This circle-based session allows all pupils to be fully informed of key events and opportunities happening in school, through the sharing of either the Coaching Chronicle or WHTV. Students also share updates from their weekends.

WEDNESDAY • CHECK-UP

On Wednesday afternoons, Coaching is used to explore PSHCE topics such as careers; finance; health and wellbeing; citizenship and topical events. This is also an opportunity for a 'check-up' in the middle of the week. Coaches can learn from one another, sharing knowledge and experiences.

FRIDAY • CHECK-OUT

On a Friday, Coaching groups will meet for their last period of the day. This is a time for pupils to discuss their achievements from the week and review current targets, ensuring they are best aligned to make the most of formal and enriched learning opportunities. The Friday Coaching session is also a chance for pupils can have fun whilst developing relationships within the group.